



Horizons Therapy provides an interactive experience between you and our staff. Treatments may consist of but are not limited to: exercise, postural correction and manual treatments. Our most common manual treatment is Fascial Counterstrain which relies on a hands-on approach and may involve contact to nearly any area of the body, often outside the area of symptoms or complaints.

As a patient you have the right to refuse treatment to any part of your body. You are responsible to immediately tell your therapist about any discomfort (physical, emotional, etc.) you feel during your visit.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_